

Education Program 2003

**Professional
seminars
workshops and
courses
GST EXEMPT**

Greensborough Melbourne Mulgrave Clayton Coburg Rowville Shepparton
Bairnsdale Traralgon Warrnambool Bendigo Mildura Ballarat Ballarat Newcastle M
Mount Gambier Kew Greensborough Melbourne Mulgrave Clayton Coburg Rowville
Southbank Shepparton Bairnsdale Traralgon Warrnambool Bendigo Mildura Balla
Newcastle Mount Gambier Kew Greensborough Melbourne Mulgrave Clayton Cob

programs and services

Centre for Grief Education

The Centre for Grief Education is a statewide service established in 1996 to provide a range of education, training, research and professional service options for those working in the area of grief and bereavement.

Mission Statement

The Centre for Grief Education has a mission to promote, through education, consultancy, counselling and research, optimum support for grieving people, in order to assist their recovery and prevent chronic illness and ill health.

Production

Fiona Hughes
Education Programs
Coordinator, Centre for Grief Education, Victoria.

Eye to Eye Graphic Design

Published by

Centre for Grief Education
McCulloch House
Monash Medical Centre
246 Clayton Road
Clayton VIC 3168

Freecall 1800 642 066
Telephone: (03) 9545 6377
Facsimile: (03) 9545 6399
E-mail: info@grief.org.au
URL: www.grief.org.au

ABN 22 038 903 478
Reg.No. A0032503K

COPYRIGHT ©
Centre for Grief Education
2003



The Centre for Grief Education provides a range of programs and services to both individuals and organisations. These include:

Consultation and Advice

Centre staff are available for consultation on grief and bereavement issues. This may include advice on program development, education, client issues and program evaluation. A flexible fee structure has been developed which considers the type of organisation.

Bereavement Counselling Service

The Centre for Grief Education has a confidential bereavement counselling service which is available to people who have been bereaved through any cause. Mature counsellors participating in advanced training in bereavement counselling provide this service. Experienced accredited grief and bereavement practitioners closely supervise these counsellors. Counselling sessions are free.

Counselling appointments can be made by telephone and should be made directly by the bereaved person. Initial referral enquires from service providers is welcome. Appointments can be made between 9:30 am and 4:30 pm Tuesdays, Wednesdays or Thursdays by phoning (03) 9817 7266. After hours appointments are available. The service is located at 39 Sackville Street, Kew and is close to train and tram access.

The Counselling Service can provide agencies and individuals with referrals to private counsellors who specialise in grief and bereavement. Telephone the Centre's Bereavement Counselling Service on (03) 9817 7266 for further details.

Internet Access

The Centre for Grief Education has a home page on the Internet, which includes information on the activities of the Centre, statewide bereavement support services and links to international grief and bereavement resources. The web address for the Centre is www.grief.org.au.

Grief Matters: The Australian Journal of Grief and Bereavement

The Centre for Grief Education publishes the journal Grief Matters: The Australian Journal of Grief and Bereavement three times a year. Members of the Centre automatically receive a copy of Grief Matters. A subscription to Grief Matters is also available to individuals, organisations, institutions and libraries outside Victoria.

Membership

Membership of the Centre for Grief Education offers a range of benefits including receipt of Connections members' newsletter (issued twice yearly), Grief Matters: The Australian Journal of Grief and Bereavement (issued three times per year), special discount member rate for CGE seminars, workshops and CGE products, access to CGE library for research purposes, 10% discount on most

books at Open Leaves bookshop, free member functions and voting rights at the Annual General Meeting.

Membership rates and details are as follows:

Individual Membership

\$66.00 (inclusive of GST)

Student & Concessional Membership

\$55.00 (inclusive of GST)

Organisational Membership

\$126.50 (inclusive of GST)

includes journal and special discount member rate for seminars and workshops for two members of staff

Membership period is per calendar year - January 1 to December 31. A pro-rata membership rate is available for members joining part way through the year. Please contact the Centre for Grief Education for details.

Education and Training Programs

The Centre for Grief Education offers quality education and training opportunities for health professionals, students, volunteers and any other individual or agency desiring to incorporate counselling, therapy, support or education into their current work practice. A number of courses offered by the Centre are accredited with the National Association of Loss and Grief (Vic). Please consider the 'Designed For' section when selecting courses or workshops. Some programs do have prerequisites.

Please register 30 minutes prior to the seminar or workshop commencement.

If you would like to discuss your suitability for any programs within this brochure please contact the Centre.

Where noted the quoted price includes the collection of the Goods and Services Tax.

The Centre for Grief Education can also meet in-house education and training requirements.

Refund Policy

Enrolment and payment is to be received no later than one week prior to seminars and workshops. Your receipt is confirmation of registration and a ticket will be issued for entrance to the seminar or workshop. An administration fee of 25% of the registration fee will apply to cancellations made up to 14 days prior to seminar or workshop commencement. For cancellations made between 7 and 14 days prior to the seminar or workshop, a 50% administration fee will be charged. No refund will be made for cancellations less than 7 days prior to seminar or workshop commencement. A substitute participant can be sent in your place at any time; please advise the Centre of this change.

Payment and refund conditions may differ with certificate courses, short courses and intensives.

Accreditation

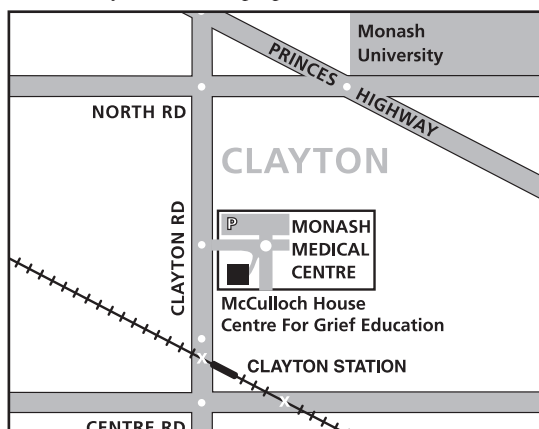
Seminars and workshops offered by the Centre for Grief Education may be eligible for continuing professional development points. Participants should apply directly to their professional organisation for recognition.

Privacy Policy

The Centre for Grief Education is committed to protecting your privacy. If you would like further information on the Centre for Grief Education's Privacy Policy, please contact the Centre on 03 9545 6377 or refer to our website at www.grief.org.au.

Public Transport

The Centre for Grief Education is well served by train and buses. Public transport information can be obtained by phoning The Met Information Centre on 13 1638 or VLine on 13 6196.



program 2003

Title	Location	Date	Page
SEMINARS			
Metropolitan			
How to Care, What to Say: The Experience of Bereavement	Greensborough	26 March	4
The Third Annual Grief Lecture	Melbourne	May	4
Supporting the Grieving Adolescent	Mulgrave	20 May	4
A Buddhist Understanding of Bereavement	Clayton	3 June	5
It Can't Be True: Grief After Sudden and Unexpected Death	Coburg	24 June	5
Understanding and Supporting the Bereaved Child	Rowville	29 July	5
The Work of the Coroner's Court in Victoria	Southbank	6 August	6
The Law of Wills, Probate and Dying Intestate	Clayton	21 October	6
Going Their Separate Ways: The Grief of Separation and Divorce	Clayton	10 November	6
Regional			
How to Care, What to Say: The Experience of Bereavement	Shepparton	9 October	8
How to Care, What to Say: The Experience of Bereavement	Bairnsdale	17 November	8

WORKSHOPS			
Metropolitan			
Providing Effective Grief and Bereavement Support	Clayton	24 March	13
Issues of Support After Suicide	Clayton	7 April	13
The Grief of Older People	Clayton	5 May	14
Exploring the Personal Benefits of Psychodrama in Grief Counselling	Clayton	13 May	14
Coping with Trauma and Crisis in Schools	Clayton	30 May	14
Core Skills for Conducting Effective Grief Support Groups	Clayton	2 & 3 June	15
Using Art Therapy in Grief Counselling	Clayton	11 June	15
Listening and Responding to the Grieving Child and Adolescent	Clayton	17 June	16
Exploring Dimensions of Grief Within Disability	Clayton	18 July	16
Understanding Differences in Grieving Styles in Bereavement Experiences	Clayton	1 August	16
Exploring Planet Grief: Effective Techniques and Interventions	Clayton	17 October	17
Understanding Disenfranchised Grief: The Experience of Silent Loss	Clayton	31 October	17
Beyond the Grief of Ageing: The Relevance of Birthdays	Clayton	7 November	18
Regional			
Exploring Dimensions of Grief Within Disability	Shepparton	9 October	9
Exploring Dimensions of Grief Within Disability	Bairnsdale	17 November	9
Understanding Disenfranchised Grief: The Experience of Silent Loss	Shepparton	10 October	10
Understanding Disenfranchised Grief: The Experience of Silent Loss	Bairnsdale	18 November	10
Core Skills for Conducting Effective Grief Support Groups	Traralgon	17 & 18 March	11
Core Skills for Conducting Effective Grief Support Groups	Warrnambool	10 & 11 April	11
Core Skills for Conducting Effective Grief Support Groups	Bendigo	28 & 29 April	11
Core Skills for Conducting Effective Grief Support Groups	Mildura	26 & 27 May	11
Core Skills for Conducting Effective Grief Support Groups	Ballarat	19 & 20 June	11

INTERSTATE TRAINING			
How to Care, What to Say: The Experience of Bereavement	Dubbo	10 July	8
How to Care, What to Say: The Experience of Bereavement	Newcastle	24 July	8
How to Care, What to Say: The Experience of Bereavement	Mount Gambier	18 August	8
Exploring Dimensions of Grief Within Disability	Dubbo	10 July	9
Exploring Dimensions of Grief Within Disability	Newcastle	24 July	9
Exploring Dimensions of Grief Within Disability	Mount Gambier	18 August	9
Understanding Disenfranchised Grief: The Experience of Silent Loss	Dubbo	11 July	10
Understanding Disenfranchised Grief: The Experience of Silent Loss	Newcastle	25 July	10
Understanding Disenfranchised Grief: The Experience of Silent Loss	Mount Gambier	19 August	10

INTERNATIONAL GUEST EDUCATORS			
Miriam and Sid Moss	Melbourne	1 & 2 September	7

SHORT COURSE TRAINING			
Short Course in Bereavement Counselling: Current Concepts in Practice	Clayton	May - August	19

CERTIFICATE TRAINING			
Graduate Certificate in Bereavement Counselling Methods	Clayton	2004	20
Graduate Certificate in Bereavement Counselling Practice	Kew	2003	21
Graduate Diploma in Child and Adolescent Grief Counselling	Clayton	2004	20

community seminar

GREENSBOROUGH

Date

Wednesday 26 March

Time

7.00 pm – 9.30 pm

Registration from 6.30 pm

Venue

Greensborough Senior
Citizens Hall, Henry Street
Greensborough

Cost (includes GST)

\$16.50

CGE member \$13.20
includes tea and coffee break

Registration closes

Wednesday 12 March

How to Care, What to Say: The Experience of Bereavement

Presenter to be confirmed

When we come alongside someone who has experienced bereavement, their shock, pain and anguish often renders us feeling helpless and hopeless in our support of them. We may feel embarrassed by saying things that sound stupid or shallow, or by not having anything wise to say. Many of these concerns can be addressed by understanding the grief process, such as typical reactions, common emotions, ways of thinking and behaving.

Very practical and useful information

Group discussion ... (was) helpful

*The video ... showed real stories with real feelings
and real outcomes*

Designed for

Members of the general and professional community interested in grief and bereavement.

Aims

To equip participants with an understanding of normal grief.

To assist participants in their support of the bereaved.

Learning Outcomes

At the conclusion of this seminar participants will have:

- explored the experience of bereavement
- become more familiar with helpful and unhelpful responses of the bereaved.

public lecture

MELBOURNE

Date

May 2003

Venue

Theatrette
State Library of Victoria
Door 3, 179 La Trobe Street
Melbourne

Cost (includes GST) \$10

CGE members FREE

donations made on the night
will fund counselling
support programs

The Third Annual Grief Lecture

The Centre for Grief Education is pleased to present the Third Annual Grief Lecture, which provides the opportunity to hear personal stories of loss, or from expert practitioners or researchers working in the field. Details of the lecture will be advertised in *The Age* in April 2003.

Designed for

Any person interested in loss and grief including members of the general public, counsellors, therapists, palliative care practitioners, psychologists, social workers, nurses, medical practitioners, teachers, welfare workers and clergy.

*very well prepared and presented address
enlightening*

motivating, inspiring heartfelt

very powerful experience.

I am very glad I set aside the time to come

a great opportunity to hear some perspective on this debate

a most inspiring speaker

profoundly moving, sad and conscience-raising

community seminar

MULGRAVE

Date

Tuesday 20 May

Time

7.00 pm - 9.30 pm

Registration from 6.30 pm

Venue

Mulgrave Community Centre
355 Wellington Road
Mulgrave

Cost (includes GST)

\$16.50

CGE member \$13.20
includes tea and coffee break

Registration closes

Tuesday 6 May

Supporting the Grieving Adolescent

Presenter to be confirmed

Young people are often challenged by numerous developmental changes and losses as they attempt to manoeuvre through the adolescent years. Common challenges that confront young people include searching for their own identity, developing independence and responding to the death of peers and others. The reaction to loss by the adolescent is frequently misunderstood or indeed overlooked. This seminar will explore adolescent's experience of grief and strategies for effective support.

A good balance of facts and flexible strategies

Clear and informative

Many practical ideas of how I can effectively support young people

Designed for

Any person interested in adolescent grief including teachers, parents, grandparents, school welfare coordinators, funeral directors and counsellors

Aims

To equip participants with a greater understanding of the grief process of adolescents.

To assist participants in providing effective support to grieving adolescents.

Learning outcomes

At the conclusion of this seminar participants will have:

- become more familiar with how adolescents grieve
- explored a range of strategies to assist in the support of grieving adolescents

seminar

CLAYTON

Date

Tuesday 3 June

Time

7.00 pm – 9.30 pm

Registration from 6.30 pm

Venue

Centre for Grief Education
First Floor
McCulloch House
Monash Medical Centre
246 Clayton Road, Clayton

Cost

\$50 CGE member \$39
includes tea and coffee break

Registration closes

Tuesday 20 May

A Buddhist Understanding of Bereavement

Presenter Adele Hulse.
See page 22 for profile

This seminar will discuss and analyse the Buddhist attitude to death, what is of use at that time, how to help those who are dying and those already dead. Some specific Buddhist practices that can be used by the dying and by those caring for them will be examined. Reference will be made to the teachings of a number of qualified practitioners in the Tibetan Mahayana tradition. The seminar will include several short formal meditation periods.

Designed for:

Professionals including counsellors, therapists, palliative care practitioners, psychologists, social workers, nurses, medical practitioners, teachers, funeral directors, pastoral care workers, chaplains and clergy.

Aims:

To outline the Buddhist Three Principle Paths - recognising the shortcomings of worldly pleasures, activating universal compassion and examining the nature of reality.

Learning Outcomes

At the conclusion of the seminar participants will have

- examined the Buddhist attitude to death
- some understanding of Buddhist practices used by the dying and those caring for them.



community seminar

COBURG

Date

Tuesday 24 June

Time

7.00 pm – 9.30 pm

Registration from 6.30 pm

Venue

Meeting Room, Coburg Library
Corner Victoria and Louisa
Streets, Coburg

Cost (includes GST)

\$16.50
CGE member \$13.20
includes tea and coffee break

Registration closes

Tuesday 10 June

It Can't Be True: Grief After Sudden and Unexpected Death

Presenter to be confirmed

Sudden and unexpected death can often overwhelm and threaten our capacity to cope. Death through suicide, accident, natural causes, homicide, motor vehicle accidents and workplace deaths present many and varied challenges to individuals and the wider community. The way people understand and respond to such situations is generally affected by the public nature of the death with recovery often a long and complex journey. This seminar will explore the manner in which people cope with and respond to overwhelming events and examine strategies for support.

Designed for

Emergency response workers, social workers, nurses, medical practitioners, psychologists, funeral workers, clergy, counsellors and interested members of the general community.

Aims

To explore the impact of trauma on individuals and communities

To increase awareness and understanding of support strategies specific to the grieving and social needs of people bereaved through sudden and unexpected death.

community seminar

ROWVILLE

Date

Tuesday 29 July

Time

7.00 pm – 9.30 pm

Registration from 6.30 pm

Venue

Rowville Uniting Church
Hall
Corner Fulham Road and
Bridgewater Way, Rowville

Cost (includes GST)

\$16.50
CGE member \$13.20
includes tea and coffee break

Registration closes

Tuesday 15 July

Understanding and Supporting the Bereaved Child

Presenter to be confirmed

The experience of grief can evoke a complex range of thoughts and feelings for both adults and children. Children's reactions to a death can often be overlooked or misunderstood. The needs and concerns of grieving children require particular attention and care. As grieving children grow and develop, adults who care for them need to be sensitive to their ever changing needs. The experience of grieving children and effective support strategies will be explored in this seminar.

Designed for

Any person interested in childhood grief and bereavement including, teachers, nurses, parents, funeral directors and counsellors.

Aims

To equip participants with a greater understanding of the bereavement experience of children.

To assist participants in the provision of effective support strategies for bereaved children.

Learning Outcomes

At the conclusion of this seminar participants will have:

- become more familiar with how children grieve
- explored a range of strategies to assist in the support of bereaved children.

Very informative

Well presented and great group involvement

Gave me more confidence in working with children

Thorough presentation ... focusing on

practical/creative strategies

seminar

SOUTHBANK

Date

Wednesday 6 August

Time

9.30 am – 12 noon

Registration from 9.00 am

Venue

Lecture Theatre, Coronial Services Centre of Victoria
57 – 83 Kavanagh Street
Southbank

Cost

\$50 CGE member \$39
includes tea and coffee break

Registration closes

Wednesday 23 July

The Work of the Coroner's Court of Victoria

Presenter Bernard Lewis, Senior Coroner's Clerk,
Coronial Services Centre of Victoria.

This seminar will examine the work of the Coroner and the role of the Coroner's Court in Victoria. The circumstances of a 'reportable death', the identification of bodies, autopsies and inquests will be discussed. Questions such as what is the system, how does it work and why are some cases reported and others not will be answered. The recent involvement of the Coronial Services Centre in the identification of the Bali bombing victims and the liaison with victim's families will be described. The seminar will include a tour of the public areas of the Coroner's Court.

Designed For

Professionals including counsellors, therapists, palliative care practitioners, psychologists, social workers, nurses, medical practitioners, teachers, funeral directors, pastoral care workers, chaplains and clergy.

Aims

To examine the work of the Coroner and the Coroner's Court.

To identify the circumstances under which a death is reported to the Coroner.

To increase understanding of the procedures used at the Coronial Services Centre of Victoria.

Learning Outcomes

At the conclusion of the seminar participants will have

- an understanding of the role of the Coroner and the work of the Coroner's Court
- knowledge of the circumstances under which a death is reported to the Coroner.

A blue oval badge with the word "NEW" in white, slanted upwards to the right.

seminar

CLAYTON

Date

Tuesday 21 October

Time

7.00 pm – 9.30 pm

Registration from 6.30 pm

Venue

Centre for Grief Education
First Floor
McCulloch House
Monash Medical Centre
246 Clayton Road, Clayton

Cost

\$50 CGE member \$39
includes tea and coffee break

Registration closes

Tuesday 7 October

The Law of Wills, Probate and Dying Intestate

Presenter Ian Ness B.Laws
See page 22 for profile

This seminar will provide an introduction to the law of wills, probate and dying intestate. It will discuss the reasons for making a will, who may make a will and procedures for obtaining a grant of probate. It will examine the duties of executors and administrators and how an estate is distributed when a person dies without a valid will. Recent changes to the Wills Act 1997 (Vic) and the Administration and Probate Act 1958 (Vic) will be briefly reviewed. Legal issues, including power of attorney and how the law handles disputes arising from wills will also be explored.

Designed for

Professionals including counsellors, therapists, palliative care practitioners, psychologists, social workers, nurses, medical practitioners, teachers, funeral directors, pastoral care workers, chaplains and clergy.

A blue oval badge with the word "NEW" in white, slanted upwards to the right.

community seminar

CLAYTON

Date

Monday 10 November

Time

7.00 pm – 9.30 pm

Registration from 6.30 pm

Venue

Centre for Grief Education
First Floor
McCulloch House
Monash Medical Centre
246 Clayton Road, Clayton

Cost (includes GST)

\$16.50
CGE member \$13.20
includes tea and coffee break

Registration closes

Monday 27 October

Going Their Separate Ways: The Grief of Separation and Divorce

Presenter to be confirmed

When we meet someone who has experienced separation or divorce, their shock, pain and anguish often renders family and friends feeling helpless and hopeless in our support of them. We may feel embarrassed by saying things that sound stupid or shallow, or by not having anything wise to say. Many of these concerns can be addressed by understanding the grief process, such as typical reactions, common emotions, ways of thinking and behaving. This seminar is designed as an introduction to understanding the grief associated with separation and divorce and an overview of the ways we can support a family member or friend. It is not intended for the recently separated or divorced person.

Designed For

Relatives, friends and colleagues of people who are separated or divorced.

Professionals interested in an overview of the grief associated with relationship breakdown.

Aims

To equip participants with an understanding of normal grief associated with relationship breakdown.

To assist participants in their support of separated and divorced persons.

Learning Outcomes

At the conclusion of this seminar participants will have:

- explored the experience of separation and divorce
- become more familiar with helpful and unhelpful responses to support those grieving a relationship breakdown.

sixth international educator program 2003

Miriam and Sydney Moss

The Centre for Grief Education is delighted to present a unique opportunity to hear two international experts in the provision of effective grief and bereavement support for older people.

afternoon seminar

MELBOURNE

Date

Monday 1 September

Time

3.00 pm – 5.30 pm

Registration from 2.30 pm

Venue

Theatrette

State Library of Victoria

Door 3, 179 La Trobe Street

Melbourne

Cost

Standard rate \$80

(payment up to 30 June)

Early Bird/student rate \$70

(payment after 1 July)

CGE member \$60

afternoon tea provided

Registration closes

Friday 15 August

The Death of Older People: Providing Sensitive and Appropriate Care to Those Who Grieve

This afternoon seminar, presented by two world leaders in the field of grief and ageing, will examine the social and cultural contexts of the death of older people in our society. It will consider the effect of ageism and the disenfranchised nature of the grief of older people. The multiple losses associated with old age and the impact of the death of an older person upon family members will be explored. The death of a resident in an aged care facility will inevitably impact upon staff and co-residents, and ways of providing effective support when working with these bereaved people will be reviewed. *This seminar assumes no prior knowledge of loss and grief issues.*

Designed For

All people working with or interested in grief and bereavement including self-help groups, counsellors, therapists, palliative care practitioners, psychologists, social workers, nurses, medical practitioners, funeral directors, pastoral care workers, chaplains and clergy.

Aim

To explore the concepts of ageism and disenfranchised grief as they apply to the wider community and nursing home contexts.

To explore the impact of bereavement of older persons upon family members and staff working as caregivers.

Learning Outcome

At the conclusion of this seminar, participants will

- have an increased understanding of bereaved adults who have experienced the death of old persons
- recognise aspects of a supportive environment for those who are bereaved.



full day seminar

MELBOURNE

Date

Tuesday 2 September

Time

9.30 am – 4.30 pm

Registration from 9.00 am

Venue

Theatrette

State Library of Victoria

Door 3

179 La Trobe Street

Melbourne

Cost

Standard rate \$195

(payment up to 30 June)

Early Bird/student rate

\$170

(payment after 1 July)

CGE member \$160

morning and afternoon tea provided

Registration closes

Friday 15 August

Psychosocial Aspects of Bereavement Associated with Old Age

In this full day presentation, Miriam and Sidney Moss will examine six major themes in grief and loss:

- death as a normal loss
- the emotional and cognitive dimensions of bereavement
- grief as an active process involving preparation and meaning-making
- the impact upon and importance of the family system
- the significance of the connection with the deceased person
- the impact of bereavement upon the carer

Specific issues for older people, such as the psychological and interpersonal effects, the regulation of emotion, and ageism will also be considered. The impact of a variety of bereavement experiences upon the older person, such as the death of a spouse, sibling, child, grandchild or friend will be discussed. Clinical interventions and strategies that can assist and support bereaved older people will be examined. *This seminar assumes prior knowledge and experience in working with bereaved and grieving people.*

Designed For

Professionals interested in or working with older people and their families, including counsellors, therapists, palliative care practitioners, psychologists, social workers, nurses, medical practitioners, funeral directors, pastoral care workers, chaplains and clergy.

Aims

To present ageing issues of loss that have implication for the bereavement experience.

To discuss major themes in bereavement associated with old persons.

To explore bereavement reactions, review research on difficulties encountered in bereavement and present ways of facilitating adaptation including:

- bereavement of older persons after the death of a spouse, sibling or adult child
- bereavement experiences after the death of an old person focusing on the bereaved adult child
- bereavement of caregivers both family members and paid care staff.

Learning Outcomes

At the conclusion of this seminar, participants will:

- understand how to avoid the barriers of ageism and disenfranchised grief associated with the different types of losses of old age
- recognize the relevance of the context of the loss, the significance of the family perspective and the importance of meaning-making as they support bereaved older persons and those grieving the loss of an older person.

regional/ interstate community seminar

DUBBO

Presenter

Christopher Hall

Date

Thursday 10 July

Time

7 pm – 9.30 pm

Registration from 6.30 pm

Venue

Orana Education Centre
212 Darling Street, Dubbo

Cost

(includes GST) \$16.50

CGE member \$13.20

includes tea and coffee break

Registration closes

Thursday 26 June

NEWCASTLE

Presenter

Christopher Hall

Date Thursday 24 July

Time 7 pm – 9.30 pm

Registration from 6.30 pm

Venue

University of Newcastle
Union Functions Centre
Callaghan

Cost

(includes GST) \$16.50

CGE member \$13.20

includes tea and coffee break

Registration closes

Thursday 10 July

How to Care: The Experience of Bereavement

Presenter

Christopher Hall BEd, GradDipAdol&ChildPsych, MA,
MAPS, MACE, FAIM

See page 22 for profile

When we come alongside someone who has experienced bereavement, their shock, pain and anguish often renders us feeling helpless and hopeless in our support of them. We may feel embarrassed by not having anything wise to say. Many of these concerns can be addressed by understanding the grief process, such as typical reactions, common emotions, ways of thinking and behaving.

Designed for:

Members of the general and professional community interested in grief and bereavement.

Aims:

To equip participants with an understanding of normal grief.

To assist participants in their support of the bereaved.

Learning Outcomes:

At the conclusion of this seminar participants will have:

- explored the experience of bereavement
- become more familiar with helpful and unhelpful responses of the bereaved

MOUNT GAMBIER

Presenter

Christopher Hall

Date

Monday 18 August

Time

7 pm – 9.30 pm

Registration from 6.30 pm

Venue

International Motel Mt
Gambier
Millicent Road
Mt Gambier

Cost (includes GST)

\$16.50

CGE member \$13.20

includes tea and coffee break

Registration closes

Monday 4 August

SHEPPARTON

Presenter

To be confirmed

Date

Thursday 9 October

Time

7 pm – 9.30 pm

Registration from 6.30 pm

Venue

The Carrington
505 Wyndham Street
Shepparton

Cost (includes GST)

\$16.50

CGE member \$13.20

includes tea and coffee break

Registration closes

Thursday 25 September

BAIRNSDALE

Presenter

To be confirmed

Date

Monday 17 November

Time

7 pm – 9.30 pm

Registration from 6.30 pm

Venue

East Gippsland Institute of
TAFE
Main Street
Bairnsdale

Cost (includes GST)

\$16.50

CGE member \$13.20

includes tea and coffee break

Registration closes

Monday 3 November

regional/ interstate half-day workshop

DUBBO

Presenter

Christopher Hall

Date

Thursday 10 July

Time

1.30 pm – 4.30 pm
Registration from 1 pm

Venue

Orana Education Centre
212 Darling Street
Dubbo

Cost

\$55 CGE member \$45
Afternoon tea provided

Limit

24

Registration closes

Thursday 26 June

Exploring Dimensions of Grief Within Disability

Presenter Christopher Hall BEd, GradDipAdol&ChildPsych,
MA, MAPS, MACE FAIM
See page 22 for profile

This workshop will consider loss and grief issues in relation to disability, with particular reference to the impact upon parents and other carers. It will examine current knowledge and practice regarding loss and grief, grieving styles and the disenfranchised nature of these grief experiences. An overview of support strategies for parents and carers of disabled persons will be examined.

Designed For

Professionals working directly with disabled people and their carers, including teachers, counsellors, therapists, psychologists and mental health professionals.

Aims

- To provide an understanding of key issues of the loss & grief associated with disability.
- To explore strategies for supporting grieving parents and carers.
- To consider the personal impact of loss & grief on the professional.

Learning Outcomes

At the conclusion of the workshop participants will have:

- reviewed current knowledge and practice regarding loss, grief and disability
- identified the key needs of families and carers and the different manifestations of grief within families
- explored effective support and intervention strategies.



NEWCASTLE

Presenter

Christopher Hall

Date

Thursday 24 July

Time

1.30 pm – 4.30 pm
Registration from 1 pm

Venue

University of Newcastle
Union Functions Centre
Callaghan

Cost

\$55 CGE member \$45
Afternoon tea provided

Limit

24

Registration closes

Thursday 10 July

MOUNT GAMBIER

Presenter

Christopher Hall

Date

Monday 18 August

Time

1.30 pm – 4.30 pm
Registration from 1 pm

Venue

International Motel Mt
Gambier, Millicent Road
Mt Gambier

Cost

\$55 CGE member \$45
Afternoon tea provided

Limit

24

Registration closes

Monday 4 August

SHEPPARTON

Presenter

To be confirmed

Date

Thursday 9 October

Time

1.30 pm – 4.30 pm
Registration from 1 pm

Venue

The Carrington
505 Wyndham Street
Shepparton

Cost

\$55 CGE member \$45
Afternoon tea provided

Limit

24

Registration closes

Thursday 25 September

BAIRNSDALE

Presenter

To be confirmed

Date

Monday 17 November

Time

1.30 pm – 4.30 pm
Registration from 1 pm

Venue

East Gippsland Institute of
TAFE, Main Street
Bairnsdale

Cost

\$55 CGE member \$45
Afternoon tea provided

Limit

24

Registration closes

Monday 3 November

regional/ interstate workshop



DUBBO

Presenter

Christopher Hall

Date

Friday 11 July

Time

9.30 am – 4.30 pm
Registration from 9 am

Venue

Orana Education Centre
212 Darling Street
Dubbo

Cost

\$125 CGE member \$99
Morning tea, lunch,
afternoon tea provided

Limit

24

Registration closes

Friday 27 June

NEWCASTLE

Presenter

Christopher Hall

Date

Friday 25 July

Time

9.30 am – 4.30 pm
Registration from 9 am

Venue

University of Newcastle
Union Functions Centre
Callaghan

Cost

\$125 CGE member \$99
Morning tea, lunch,
afternoon tea provided

Limit

24

Registration closes

Friday 11 July

Understanding Disenfranchised Grief: The Experience of Silent Loss

Presenter Christopher Hall BEd, GradDipAdol&ChildPsych,
MA, MAPS, MACE, FAIM
See page 22 for profile

The concept of 'disenfranchised grief', first coined by Doka (1989) has revolutionised the field of grief and bereavement. The concept has enabled us to understand the complexities and individuality of each loss, especially for grieving individuals whose experience of loss is neglected, unacknowledged, unexpressed, avoided by others, not legitimised or not accorded the normal need to grieve. All losses may in fact have disenfranchising elements.

Drawing upon three examples of disenfranchised grief – namely the disenfranchised grief of caregivers, the disenfranchised grief of divorce or the break-up of a romantic relationship and finally the disenfranchised grief of children – this workshop will provide a theoretical base for understanding the concept of disenfranchised grief and Doka's 'grieving rules'. Approaches and techniques such as how support groups can best serve disenfranchised grievers and how rituals can widen networks and create therapeutic connections will also be examined. Participants will also explore other interventions that have the potential to give voice to grief that has often been silenced.

Designed for:

Professionals including counsellors, therapists, palliative care practitioners, psychologists, social workers, nurses, medical practitioners, teachers, funeral directors, pastoral care workers, chaplains and clergy.

Aims:

To introduce participants to the theoretical fundamentals of disenfranchised grief.

To introduce participants to a range of effective therapeutic interventions that can support a disenfranchised griever.

Learning Outcomes:

At the conclusion of this workshop participants will have:

- an enhanced understanding of the experience of disenfranchised grief.
- developed greater knowledge of therapeutic techniques and strategies that can ameliorate the impact of disenfranchised grief.

MOUNT GAMBIER

Presenter

Christopher Hall

Date

Tuesday 19 August

Time

9.30 am – 4.30 pm
Registration from 9 am

Venue

International Motel Mt
Gambier, Millicent Road
Mt Gambier

Cost

\$125 CGE member \$99
Morning tea, lunch,
afternoon tea provided

Limit

24

Registration closes

Tuesday 5 August

SHEPPARTON

Presenter

To be confirmed

Date

Friday 10 October

Time

9.30 am – 4.30 pm
Registration from 9 am

Venue

The Carrington
505 Wyndham Street
Shepparton

Cost

\$125 CGE member \$99
Morning tea, lunch,
afternoon tea provided

Limit

24

Registration closes

Friday 26 September

BAIRNSDALE

Presenter

To be confirmed

Date

Tuesday 18 November

Time

9.30 am – 4.30 pm
Registration from 9 am

Venue

East Gippsland
Institute of TAFE
Main Street,
Bairnsdale

Cost

\$125 CGE member \$99
Morning tea, lunch,
afternoon tea provided

Limit

24

Registration closes

Monday 3 November

regional two day workshop

TRARALGON

Presenter

Michelle Grimshaw

Date

Monday 17 & Tuesday
18 March

Time

9.30 am – 4.30 pm
Registration from 9 am

Venue

Latrobe Motel and
Convention Centre
Princes Hwy, Traralgon

Cost

\$250 CGE member \$198
Morning tea, lunch,
afternoon tea provided

Limit

24

Registration closes

Monday 3 March

WARRNAMBOOL

Presenter

Anne Giljohann

Date

Thursday 10 &
Friday 11 April

Time

9.30 am – 4.30 pm
Registration from 9 am

Venue

Sundowner Mid City Inn
525 Raglan Street
Warrnambool

Cost

\$250 CGE member \$198
Morning tea, lunch,
afternoon tea provided

Limit

24

Registration closes

Thursday 27 March

Core Skills for Conducting Effective Grief Support Groups

Presenters

Michelle Grimshaw BSW DipEd
Anne Giljohann BA DipSocStud MSW
See page 22 for profile

The specific study and experience of group dynamics and group process is essential for any person interested in working in a group context. The focus of this program is on establishing, maintaining and evaluating time-limited groups for a specific bereaved population.

Designed for:

Professionals wanting to enhance their skills in running short-term groups where the key issues are loss and grief. It is expected that participants will have knowledge and experience in loss, grief and bereavement issues and some group work experience.

Aims:

To train participants in the clinical application of time-limited group works as it applies to bereaved populations.

Learning Outcomes:

At the conclusion of the workshop, participants will be able to:

- Identify the key principles for establishing groups and determining when they would be useful for bereaved populations.
- Identify and practices key skills for running effective time-limited loss related groups.

Course Content:

Theoretical components of this course include:

- Summary of different types of groups
- Types of short-term bereavement support groups
- Group selection
- Evaluation of group
- Structured versus process-oriented approaches
- Dealing with intense emotions
- Co-facilitation
- Keynotes in recruitment and facilitator supervision
- Managing loss in a group
- What helps and hinders?
- Appropriate use of self-disclosure

BENDIGO

Presenter

Michelle Grimshaw

Date

Monday 28 &
Tuesday 29 April

Time

9.30 am – 4.30 pm
Registration from 9 am

Venue

CHERC
Anne Caudle Centre
100 –104 Barnard Street
Bendigo

Cost

\$250 CGE member \$198
Morning tea, lunch,
afternoon tea provided

Limit

24

Registration closes

Monday 14 April

MILDURA

Presenter

Anne Giljohann

Date

Monday 26 &
Tuesday 27 May

Time

9.30 am – 4.30 pm
Registration from 9 am

Venue

Mildura Inlander Resort
373 Deakin Avenue
Mildura

Cost

\$250 CGE member \$198
Morning tea, lunch,
afternoon tea provided

Limit

24

Registration closes

Monday 12 May

BALLARAT

Presenter

Michelle Grimshaw

Date

Thursday 19 &
Friday 20 June

Time

9.30 am – 4.30 pm
Registration from 9 am

Venue

University of Ballarat
Mt Helen Campus
Gear Avenue, Ballarat

Cost

\$250 CGE member \$198
Morning tea, lunch,
afternoon tea provided

Limit

24

Registration closes

Thursday 6 June

Grief Matters

Special offer for back issues of 'Grief Matters: The Australian Journal of Grief and Bereavement'. **Limited time only**

Price

(includes GST): Only \$9.90 per issue OR \$148.00 for all 15 issues
Normally \$18.70 per issue

The offer to purchase back issues of 'Grief Matters: The Australian Journal of Grief and Bereavement' at a discounted price is only available until **31 May 2003**.



Themes of back issues are:

- Men and grief April 1998
- Aboriginal grief and loss September 1998
- Adolescent grief December 1998
- HIV/AIDS and grief May 1999
- Trauma and grief Winter 1999
- Suicide and grief Summer 1999
- Relationship between self-help groups and professional groups Autumn 2000
- Disability and grief Winter 2000
- Creative approaches to loss and grief Summer 2000
- Grief of separation and divorce Autumn 2001
- New developments in bereavement research and practice Winter 2001
- Rituals Summer 2001
- Families and grief Autumn 2002
- Grief of children and adolescents Winter 2002
- Grief of domestic violence and sexual abuse Summer 2002

Contact the Centre for Grief Education to order back issue/s.

Customised Training and Consultancy

As the largest national provider of grief and bereavement education, the Centre for Grief Education offers a range of customised training and consultancy services that provide research-informed, high quality, professional development programs that meet the specialist training needs of organisations, groups and individuals.

The Centre for Grief Education has provided training and consultation to many organisations and programs within local government, schools and school support services, hospitals, university departments, health centres, residential care services and community groups.

Expert loss and grief training includes:

- The loss and grief of working as a carer – at home and in residential care
- The loss and grief associated with disability
- Grief and bereavement support in health care settings
- The grief and loss of domestic violence & sexual assault
- Provision of effective bereavement support
- Grief and loss issues relating to children & adolescents
- Grief and organisational change
- Grief and loss in the workplace
- Bereavement risk assessment
- Loss & Grief Education Program for Nurses

Consultation is available in:

- Policy development for hospitals, educational institutions and community organisations
- Policy development for grief and bereavement support provision
- Training needs assessment

Training can take place in venues throughout Australia or at training facilities at the Centre for Grief Education.

Individuals or organisations interested in obtaining further information about our services and rates should contact **Fiona Hughes, Education Programs Coordinator on (03) 95456377, Freecall 1800 642 066 or email: f.hughes@grief.org.au**

workshop

CLAYTON

Date

Monday 24 March

Time

9.30 am – 4.30 pm
Registration from 9 am

Venue

Centre for Grief Education
First Floor,
McCulloch House
Monash Medical Centre
246 Clayton Road
Clayton

Cost

\$125 CGE member \$99
morning tea, lunch and
afternoon tea provided

Limit

24

Registration closes

Monday 10 March

Providing Effective Grief and Bereavement Support

Presenter **Michelle Grimshaw BSW DipEd.**
See page 22 for profile

Supporting people who are grieving is an extremely important role. In order to provide effective grief and bereavement support, it is essential to have an understanding of the grief process and appropriate communication skills. People who are grieving will express themselves in their own way. Exploring the various responses to grief can assist a support person to have confidence in this normal process and assist them to 'be with' the grieving person.

Excellent session – varied and informative

Very knowledgeable, enjoyable, informative

Designed for

Professionals involved in the care and support of bereaved people including nurses, counsellors, doctors, teachers, clergy, volunteers and youth workers.

Aims

To introduce participants to the theoretical fundamentals of bereavement and grief support.

To introduce participants to the essential aspects involved in effective bereavement and grief support.

Learning Outcomes

At the conclusion of this workshop participants will have:

- an enhanced understanding of the grief process
- an increased awareness of the needs of grieving people
- reflected on the issues necessary for providing effective grief and bereavement support.

workshop

CLAYTON

Date

Monday 7 April

Time

9.30 am – 4.30 pm
Registration from 9 am

Venue

Centre for Grief Education
First Floor
McCulloch House
Monash Medical Centre
246 Clayton Road, Clayton

Cost

\$125 CGE member \$99
morning tea, lunch and
afternoon tea provided

Limit

24

Registration closes

Monday 24 March

Issues of Support After Suicide

Presenter **Dr Jon Stebbins TPTC BSc BEd GradDipEdCouns MA (Couns) DEd MAPS** See page 22 for profile

Death by suicide raises special issues not only for bereaved family members friends and colleagues, but also for those who support them (professionals or otherwise). The struggle by the bereaved to construct threads of meaning following suicide carries a special responsibility for helpers, if they are to provide the most compassionate and effective help. As well as understanding the special issues faced by the bereaved, they are challenged at a deeper personal level to know their own personal helping limits, and to have reached a comfortable resolution on such perplexing questions as the limits of personal choice and responsibility, and the true meaning of self-care. This enables them to more comfortably put aside their own needs and focus on the needs of the bereaved.

Following a brief examination of current conceptions of suicide and the world of those who seriously contemplate, attempt, and complete suicide, this workshop will discuss the special issues faced by the suicide-bereaved, explore the special difficulties faced by those in the helping role, and consider the implications for being an effective helper, and choosing the most appropriate helping interventions. A special focus will briefly examine the powerful role that self-help support groups have to offer. The workshop will be practical, interactive, and linked to work roles.

Questions to pursue

Can we understand the world of the suicidal?

What are the special issues faced by the suicide-bereaved?

What issues face those supporting the suicide-bereaved?

How do the suicide-bereaved give meaning to their experiences?

What are the implication from the above for being an effective helper and choosing the most appropriate strategies for supporting the suicide-bereaved?

Designed For

Professionals including counsellors, therapists, palliative care practitioners, psychologists, social workers, nurses, medical practitioners, teachers, funeral directors, pastoral care workers, chaplains and clergy, interested in developing practical interventions for clients bereaved through suicide.

Learning outcomes

At the conclusion of this workshop participants will have

- a greater understanding of the issues faced by the suicide-bereaved, and the processes they employ in reclaiming their lives
- a greater understanding of the issues involved for those who seek to support the suicide-bereaved
- considered the implications of this knowledge in being effective helpers and providing the most productive support for the suicide-bereaved.



half day workshop

CLAYTON

Date Monday 5 May

Time 1.30 am – 4.30 pm
Registration from 1.00 pm

Venue

Centre for Grief Education
First Floor, McCulloch House
Monash Medical Centre
246 Clayton Road, Clayton

Cost \$55 CGE member \$45
afternoon tea provided

Limit 24

Registration closes

Monday 21 April

The Grief of Older People

Presenter to be confirmed

For many older people, the process of ageing brings positive experiences. However, in living a longer life, older people often experience a range of ever increasing loss experiences – declining physical health; chronic illness; changes in accommodation; dwindling financial resources and multiple bereavements – to name a few. Often these losses go unrecognised and their grief disenfranchised. How do we acknowledge and support older people as they encounter these experiences and how can the environments within which they live assist in this process?

Designed for

Members of community organisations and service groups working with older people.

those involved in the care of older people including nurses, hostel and nursing home staff, aged care caseworkers, clergy and adult children of ageing parents.

Aims

To explore the impact of multiple losses upon older people.

To consider ways of providing effective support for the grieving older person both at an individual and organisational level.

workshop

CLAYTON

Date Tuesday 13 May

Time 9.30 am – 4.30 pm
Registration from 9 am

Venue

Centre for Grief Education
First Floor, McCulloch House
Monash Medical Centre
246 Clayton Road, Clayton

Cost
\$125 CGE member \$99
morning tea, lunch and
afternoon tea provided

Limit 24

Registration closes

Tuesday 29
April

NEW

Exploring the Personal Benefits of Psychodrama in Grief Counselling

Presenter Marcel Saxone Reg Psych, Psychodramatist, BPharmPhC, MAPS See page 22 for profile

Counsellors working in the palliative care and grief area can find themselves putting out 110% in an effort to ease the pain and suffering of their clients, the clients' relatives as well as fellow workers. This external focus can lead to stress, fatigue and burnout.

Psychodrama is an ideal method to assist grief counsellors to reassess this energy expenditure and reclaim some of the energy for themselves. Psychodrama first evolved in the 20's through the creative genius of psychiatrist Dr. J.L. Moreno. Because psychodrama encourages thoughts and feelings to emerge through action, it has the required potency and flexibility needed for workers to make creative and enduring changes to their work lives by learning to balance their energy levels

Designed For

Professionals including counsellors, therapists, palliative care practitioners, psychologists, social workers, nurses, medical practitioners, pastoral care workers, chaplains and clergy working in the grief and palliative care area.

Aims

To energise and soothe grief counsellors needing a 'recharge' through an experience of psychodrama.

To increase the awareness of grief counsellors to the value of psychodrama as an agent for change.

To reinforce the idea that counsellors are part of a system in the grief process, and that they can take charge of the energy they expend in this system.

Learning Outcomes

At the conclusion of the session participants will:

- have developed a deeper appreciation of psychodrama as an integrative method
- have begun to practice balancing the energy they expend in the work place, in an adequate and soothing fashion
- continue to appreciate that they are part of a social system, and that they can continue to work more objectively as grief counsellors without undermining their compassion.

workshop

CLAYTON

Date Friday 30 May

Time 9.30 am – 4.30 pm
Registration from 9 am

Venue

Centre for Grief Education
First Floor, McCulloch House
Monash Medical Centre
246 Clayton Road, Clayton

Cost
\$125 CGE member \$99
morning tea, lunch and
afternoon tea provided

Limit 24

Registration closes

Friday 16 May

Coping with Trauma and Crisis in Schools

Presenter Christopher Hall BEd GradDipAdol&ChildPsych MA MAPS MACE FAIM See page 22 for profile

This workshop will examine how schools can support students, teaching staff and parents in the wake of traumatic events or critical incidents that affect school communities. The workshop will examine ways to facilitate recovery and how experiences of trauma can be transformed so that school communities are left empowered and resilient. The focus will be on the proactive role that schools can take in fostering a school community where the loss experiences of students, teachers and community members are validated. Exploring evidence-based interventions and support strategies, the workshop will review how school communities can effectively deal with traumatic incidents. The role of key decision makers, counselling staff and teachers will be explored using a variety of case studies.

Designed For

Professionals including teachers, welfare officers, guidance officers, counsellors, psychologists, social workers, pastoral care workers, chaplains and clergy interested in developing practical support strategies for schools communities during times of trauma and crisis.

Aims

To provide an overview of trauma and crisis management in schools.

To examine appropriate support strategies that can be used at individual, class and community level.

Learning Outcomes

At the conclusion of this workshop participants will have:

- an increased knowledge of the impact of trauma and crisis on school communities
- an increased understanding of strategies to manage the impact of trauma and crisis in schools.

NEW

two day workshop

CLAYTON

Date Monday 2 & Tuesday 3 June

Time 9.30 am – 4.30 pm
Registration from 9 am

Venue

Centre for Grief Education
First Floor McCulloch House

Monash Medical Centre
246 Clayton Road, Clayton

Cost

\$250 CGE member \$198
morning tea, lunch and afternoon tea provided

Limit

24

Registration closes

Monday 19 May

Core Skills for Conducting Effective Grief Support Groups

Presenter Michelle Grimshaw BSW DipEd
See page 22 for profile

The specific study and experience of group dynamics and group process is essential for any person interested in working in a group context. The focus of this program is on establishing, maintaining and evaluating time-limited groups for a specific bereaved population.

Designed for

Professionals wanting to enhance their skills in running short-term groups where the key issues are loss and grief. It is expected that participants will have knowledge and experience in loss, grief and bereavement issues and some group work experience.

Aim

To train participants in the clinical application of time-limited group work as it applies to bereaved populations.

Learning Outcomes

At the conclusion of the workshop, participants will be able to:

- identify the key principles for establishing groups and determining when they would be useful for bereaved populations.
- identify and practice key skills for running effective time-limited loss related groups.

Course Content

The theoretical components of this course include:

- Summary of different types of groups
- Types of short-term bereavement support groups
- Group selection
- Evaluation of group
- Structured versus process-oriented approaches
- Dealing with intense emotions
- Co-facilitation
- Keynotes in recruitment and facilitator supervision
- Managing loss in a group
- What helps and what hinders?
- Appropriate use of self-disclosure

workshop

CLAYTON

Date

Wednesday 11 June

Time

9.30 am – 4.30 pm
Registration from 9 am

Venue

Centre for Grief Education
First Floor
McCulloch House

Monash Medical Centre
246 Clayton Road, Clayton

Cost

\$125 CGE member \$99
morning tea, lunch and afternoon tea provided

Limit

24

Registration closes

Wednesday 30 April

Using Art Therapy in Grief Counselling

Presenter Rena Urbach BSW MArtTherapy ATR
See page 22 for profile

Aristotle said: "The soul does not think without an image"...The drawn, painted or sculpted image is a unique expression of the creator. Making art is a safe way to represent our inner experience and concerns. Images can be explored to facilitate communication, increase self awareness and resolve conflicts. Blocked energy may be released and channelled into more creative ways of living. Art therapy utilizes art media, images and the creative art process to help process the concerns and conflicts we experience in life. Although enriched when accompanied by words it does not rely on them to communicate ideas, in this way it is effective when working with people from diverse cultural and linguistic backgrounds. Art therapy offers people who are grieving an opportunity to make meaning of their grief through their creativity. This workshop will explore what art therapy is and how it can be incorporated into grief and bereavement counselling. Participants will be encouraged, through experiential opportunities, to explore and gain a greater understanding of a range of art therapy techniques that they can then use in their work with clients.

Designed For

Professionals including counsellors, therapists, palliative care practitioners, psychologists, social workers, nurses, medical practitioners, teachers, funeral directors, pastoral care workers, chaplains and clergy.

Aims

To explore how art therapy can be used in grief and bereavement counselling.

To gain "hands on" experience of several art therapy interventions.

Learning Outcomes

At the conclusion of this workshop participants will have:

- a greater understanding of art therapy and how it can be used to support the grieving process
- learnt practical ways they can incorporate art into their therapeutic work.

An excellent introduction to an interesting topic

Very relaxing and informative

Impressed with value of this session

workshop

CLAYTON

Date Tuesday 17 June

Time 9.30 am – 4.30 pm

Registration from 9 am

Venue

Centre for Grief Education
First Floor, McCulloch House
Monash Medical Centre
246 Clayton Road, Clayton

Cost

\$125 CGE member \$99

morning tea, lunch and
afternoon tea provided

Limit 24

Registration closes

Tuesday 3 June

Listening and Responding to the Grieving Child and Adolescent

Presenter to be confirmed

Experiences of grief, loss and change frequently impact upon the lives of children and adolescents and make their presence felt through their thinking, behaviour, social relationships and physical well being. When grief collides with the normal developmental tasks of childhood and adolescence the negotiation of these events is further complicated. Skilled and sensitive responses to the grieving young person can assist them in negotiating these often challenging events.

Designed for

Teachers, student welfare coordinators, nurses, medical practitioners social workers, psychologists, youth workers and clergy.

Aims

To provide participants with an overview of child and adolescent grief experiences.

To assist participants in the provision of effective support strategies for grieving children and adolescents.

half day workshop

CLAYTON

Date Friday 18 July

Time 1.30 pm – 4.30 pm

Registration from 9 am

Venue

Centre for Grief Education
First Floor, McCulloch House
Monash Medical Centre
246 Clayton Road, Clayton

Cost

\$125 CGE member \$99

morning tea, lunch and
afternoon tea provided

Limit 24

Registration closes

Friday 4 July

Exploring Dimensions of Grief Within Disability

Christopher Hall

BEd GradDipAdol&ChildPsych MA MAPS MACE FAIM
See page 22 for profile

This workshop will consider loss and grief issues in relation to disability, with particular reference to the impact upon parents and other carers. It will examine current knowledge and practice regarding loss and grief, grieving styles and the disenfranchised nature of these grief experiences. An overview of support strategies for parents and carers of disabled persons will be examined.

Designed For

Professionals working directly with disabled people and their carers, including teachers, counsellors, therapists, psychologists and mental health professionals.

Aims

- To provide an understanding of key issues of the loss & grief associated with disability.
- To explore strategies for supporting grieving parents and carers.
- To consider the personal impact of loss & grief on the professional.

Learning Outcomes

At the conclusion of the workshop participants will have:

- reviewed current knowledge and practice regarding loss, grief and disability
- identified the key needs of families and carers and the different manifestations of grief within families
- explored effective support and intervention strategies.



half day workshop

CLAYTON

Date Friday 1 August

Time 9.30 am – 1.00 pm

Registration from 9 am

Venue

Centre for Grief Education
First Floor, McCulloch House
Monash Medical Centre
246 Clayton Road, Clayton

Cost

\$55 CGE member \$45

morning tea provided

Limit 24

Registration closes

Friday 18 July

Understanding Different Grieving Styles in Bereavement Experiences

Presenter to be confirmed

While the grief experience is unique to each individual, gender and grieving styles are important factors that can shape the experience of bereavement and its expression. This workshop will explore the theoretical foundation of grieving styles to assist in the understanding and meaning of the experience of the bereaved. This will be used as a foundation for exploring a range of emotional and practical coping strategies. A range of creative support methods will be examined, which will provide participants with tools to assist bereaved people in their grief journey.

Designed For

Professionals including counsellors, therapists, palliative care practitioners, psychologists, social workers, nurses, medical practitioners, teachers, funeral directors, pastoral care workers, chaplains and clergy involved in supporting bereaved people.

Aims

To provide an understanding how differences in gender and grieving styles shapes the experience of bereavement.

To enable participants to understand and work more effectively with bereaved individuals.

Learning Outcomes

At the conclusion of this workshop participants will have:

- theoretical knowledge of the ways in which grieving styles shape the bereavement experience
- understanding of the complexities inherent in diversity
- explored a range of creative support strategies catering for differences in the bereavement experience.



workshop

CLAYTON

Date

Friday 17 October

Time

9.30 am – 4.30 pm

Registration from 9 am

Venue

Centre for Grief Education

First Floor

McCulloch House

Monash Medical Centre

246 Clayton Road, Clayton

Cost

\$125 CGE member \$99

morning tea, lunch and afternoon tea provided

Limit

24

Registration closes

Friday 3 October

Exploring Planet Grief: Effective Techniques and Interventions

Presenter Christopher Hall BEd GradDipAdol&ChildPsych
MA MAPS MACE FAIM
See page 22 for profile

For many grieving people their experience of loss is one of living apart and separate from the world – of relearning the world (Attig, 1996). Prof. Robert Neimeyer (2000) argues that attempting to reconstruct a world of meaning is the central process in the grief experience. In his text *Lessons of Loss: A Guide to Coping* Neimeyer outlines a range of therapeutic interventions, counselling techniques and strategies that are informed by this meaning reconstruction perspective. This workshop will focus on the practical application of meaning making strategies. Participants, through experiential opportunities, will explore a range of practical therapeutic techniques that can be used when counselling grieving clients. The workshop will focus on the appropriate use of interventions and will stress the importance of individualising, flexibility and creativity.

excellent blend of activities

reinforced my work – given me a couple of new challenges

extremely worthwhile and valuable experience in my professional development

Attig, T. (1996). *How We Grieve: Relearning the World*. New York: Oxford University Press.

Neimeyer, R. A. (2000). *Lessons of Loss: A Guide to Coping*. Melbourne: Centre for Grief Education.

Participants can purchase *Lessons of Loss* prior to the workshop for \$44 plus \$5 postage (20% discount) or for \$55 on the day of the workshop.

Designed for:

Professionals including counsellors, therapists, palliative care practitioners, psychologists, social workers, nurses, medical practitioners, teachers, funeral directors, pastoral care workers, chaplains and clergy, interested in developing practical interventions for grieving clients, which are informed by a meaning-reconstruction framework.

Aims:

To explore grief therapy as a process of meaning reconstruction.

To develop effective interventions based on a meaning reconstruction perspective.

Learning Outcomes:

At the conclusion of this workshop participants will have:

- considered grieving as an active process of transformation
- developed greater knowledge of concrete personal applications that are compatible with a meaning reconstruction approach to help with grief.

workshop

CLAYTON

Date

Friday 31 October

Time

9.30 am – 4.30 pm

Registration from 9 am

Venue

Centre for Grief Education

First Floor,

McCulloch House

Monash Medical Centre

246 Clayton Road, Clayton

Cost

\$125 CGE member \$99

morning tea, lunch and afternoon tea provided

Limit

24

Registration closes

Friday 17 October

Understanding Disenfranchised Grief: The Experience of Silent Loss

Presenter Christopher Hall BEd GradDipAdol&ChildPsych
MA MAPS MACE FAIM
See page 22 for profile

The concept of 'disenfranchised grief', first coined by Doka (1989) has revolutionised the field of grief and bereavement. The concept has enabled us to understand the complexities and individuality of each loss, especially for grieving individuals whose experience of loss is neglected, unacknowledged, unexpressed, avoided by others, not legitimised or not accorded the normal need to grieve. All losses may in fact have disenfranchising elements. Drawing upon three examples of disenfranchised grief – namely the disenfranchised grief of caregivers, the disenfranchised grief of divorce or the break-up of a romantic relationship and finally the disenfranchised grief of children – this workshop will provide a theoretical base for understanding the concept of disenfranchised grief and Doka's 'grieving rules'. Approaches and techniques such as how support groups can best serve disenfranchised grievers and how rituals can widen networks and create therapeutic connections will also be examined. Participants will also explore other interventions that have the potential to give voice to grief that has often been silenced.

Designed for:

Professionals including counsellors, therapists, palliative care practitioners, psychologists, social workers, nurses, medical practitioners, teachers, funeral directors, pastoral care workers, chaplains and clergy.

Aims:

To introduce participants to the theoretical fundamentals of disenfranchised grief.

To introduce participants to a range of effective therapeutic interventions that can support a disenfranchised griever.

Learning Outcomes:

At the conclusion of this workshop participants will have:

- an enhanced understanding of the experience of disenfranchised grief
- developed greater knowledge of therapeutic techniques and strategies that can ameliorate the impact of disenfranchised grief.



workshop

CLAYTON

Date

Friday 7 November

Time

9.30 am – 4.30 pm

Registration from 9 am

Venue

Centre for Grief Education

First Floor

McCulloch House

Monash Medical Centre

246 Clayton Road, Clayton

Cost

\$125

CGE member \$99

morning tea, lunch and afternoon tea provided

Limit

24

Registration closes

Friday 24 October

Beyond the Grief of Ageing: The Relevance of Birthdays

Presenter **Suzette Misrachi** BSW GradDipLoss&GriefCouns, GradDipMedia, DipT
See page 22 for profile

This full day workshop will provide participants with an opportunity to review the functions birthdays potentially have beyond any standard celebration. Through creative experiential activities in a supportive group setting, participants will explore personal meanings they attach to their own and others birthday experiences, concepts and perceptions, including any duality of fun and sorrow and any unifying or disenfranchising effects attached to the birthday expression. Birthdays mark a point in an individual's annual landmark and construction of meaning of self. A birthday is a ritual that stirs something in people about their spirit that has a lasting 'onion-layered' effect. The birthday, whether event or non-event, becomes the symbolic stage on which we act out a part of our private world. This process potentially unleashes powerful unspoken feelings and issues about our identity at whichever point we are in our lifespan.

Designed For

Professionals interested in enhancing personal awareness in relation to healing through an acknowledgement of the potency and potential for birthdays to act as triggers for personal development.

Aims

To provide a space to engage in reflection on the meaning of birthdays as opportunities for growth.

To enhance personal awareness and sensitivity to the importance of the birthday as a unique ritual with meaning for our lives.

Learning Outcomes

At the conclusion of this workshop, participants will have:

- a greater appreciation of the impact the birthday experience can have in acting as precious triggers for deeper exploration of the issues relating to identity formation
- a greater sensitivity to the meaning we, and others, may attach to the importance or non-importance of the birthday experience.



Available for purchase through the Centre for Grief Education

All items can be ordered by contacting the Centre for Grief Education on:

Telephone: (03) 9545 6377 Freecall: 1800 642 066 Facsimile: (03) 9545 6399 Email: info@grief.org.au



Minimum Standards for Bereavement Support Programs in Palliative Care Services in Victoria

These standards were developed to help palliative care services define, identify and develop a structured and effective best practice bereavement support program. They come in the format of two documents: *Minimum Standards for Bereavement Support Programs in Palliative Care Services in Victoria* and *Supplement to the Minimum Standards for Bereavement Support Programs in Palliative Care Services in Victoria*

Price (includes GST): Set of Minimum Standards and Supplement: \$5.50
Plus postage: \$2.75



Grief and remembering – 25 Australians tell it like it is

Edited by Allan Kellehear

In this book, 25 everyday Australians describe their own unique experiences of grief. They mourn their spouses, friends, parents, children, or siblings. Contributors to this book are from diverse social backgrounds – they are men, women and children of different occupations, ethnicity, sexuality and age groups.

(RRP: \$24.95)

Special offer through the Centre for Grief Education (includes GST) \$19.80 Plus Postage \$2.75



Sympathy Pin

A symbol that communicates the experience of loss and acknowledges the memories of a loved one.

Price (includes GST):

Business size card \$9.35

Presentation size card \$11.55

Plus postage \$2.75

Lessons of Loss: A Guide to Coping by Robert A Neimeyer

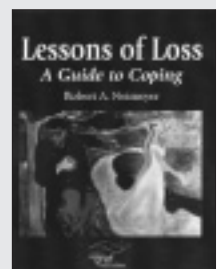
Lessons of Loss: A Guide to Coping, develops a fresh theory of grieving as a process of 'meaning reconstruction'. The book helps the reader mobilise the personal and social resources needed for healing and suggests ritualising and memorialising the people and things we miss.

Dr Neimeyer's book is published in Australia by the Centre for Grief Education.

Price (includes GST): \$55.00

CGE members \$50.00

postage \$5.00



Hard Medicine: A Journey in Adult Grief

A video produced by the Centre for Grief Education. A sensitive and compelling portrayal of the grief process complicated through issues such as multiple loss, sudden death and suicide. Four bereaved people talk about their experience, survival and the struggle to accommodate grief in



their lives. This video documentary includes a detailed discussion guide for use in training and clinical settings.

Price (includes GST):

\$71.50 (individuals, non-profit and community organizations)

\$93.50 (private and corporate organizations)

\$60.50 (CGE members)

postage \$5.00

short course

CLAYTON

Date

Monday 5 May –
Monday 4 August

Time

Week 1: 5.30 – 9.30 pm
(includes Orientation
session)

Week 2-13:

5.30 pm – 9.00 pm

Venue

Centre for Grief Education
First Floor
McCulloch House
Monash Medical Centre
246 Clayton Road
Clayton

Cost

\$540

Limit

20

Applications close

Friday 28 March

Short Course in Bereavement Counselling: Current Concepts in Practice 2003

What counselling theories and beliefs inform your counselling style? What connections can be made with your style of counselling and the needs of the grieving client?

This 40 hour course provides an opportunity for counselling practitioners to make connections with how theory informs their counselling practice and how to enhance their counselling skills with grieving clients.

Designed For

Counsellors engaged in counselling, therapy and casework that have a minimum of two years counselling experience. This course is not designed for people requiring skills based training (ie role plays and video work).

Aims

To introduce participants to theoretical and conceptual methods and practice frameworks for examining and understanding unique reactions to bereavement.

To provide a process for exchange of current methods and practice.

Learning Outcomes

Upon completion of the course, participants will have:

- critiqued models and theoretical interventions currently drawn on in grief and bereavement counselling practice.
- reflected on personal counselling style.

Course Content

The theoretical components of this course include:

- Current issues in bereavement counselling
- Theoretical perspectives in bereavement counselling
- Core skills in bereavement counselling
- Dealing with intense emotions
- Traumatic bereavement
- Self care
- Self awareness
- The role of rituals in bereavement counselling
- Group supervision

Participants in this course will be required to present their experience of working with a bereaved individual or family to peers within the course. This presentation is included to promote the valuable mode of learning that is associated with the process of group supervision and is not for assessment or judgement by your peers or the facilitator.

Course Assessment

Participants will be required to complete a 3000-word essay on a specific concept or issue as it relates to grief and bereavement counselling.

Selection Criteria

Selection in to the course is based on a combination of:

- Formal qualifications in health or social sciences or equivalent
- Evidence of approved counselling skills training
- Minimum of 2 years counselling experience
- Personal motivation and self-awareness.

Applicants without formal qualifications but with extensive counselling experience will be considered

Further studies

Participants who successfully complete the Short Course in Bereavement Counselling are eligible to apply for the Graduate Certificate in Bereavement Counselling Practice offered by the Centre for Grief Education at the Bereavement Counselling Service.

Application and Interview

All applicants will be required to complete an application form, which can be obtained by telephoning the Centre for Grief Education. Short listed applicants will be invited to an interview. Successful applicants will be notified of their place in the course after interview.

Course Recognition

The Short Course in Bereavement Counselling is currently undergoing assessment by NALAG (Vic) for its accreditation program.

Further information is available by telephoning the Courses Coordinator, Carmel Barker on (03) 9545 6377 or emailing c.barker@grief.org.au

Graduate Certificate in Bereavement Counselling Methods 2004

The Graduate Certificate in Bereavement Counselling Methods is a ten-month, part time course that comprises units in loss and grief theory, bereavement counselling theories, bereavement counselling techniques and ongoing professional and personal integration.

Upon completion participants will have the knowledge, attitudes, behaviour and skills required for effective one to one bereavement counselling.

Designed for

counsellors, social workers, health workers with approved counselling skills training and with a minimum of two years relevant counselling experience.

Course recognition

The Graduate Certificate in Bereavement Counselling Methods is recognised as an area of specialisation by LaTrobe University in its Master of Counselling and Human Services. It is currently undergoing assessment by NALAG (Vic) in its accreditation program.

The course will be offered in 2004. Applications will be accepted from August 2003. Further information is available by telephoning Carmel Barker, Courses Coordinator on (03) 9545 6377 or email at c.barker@grief.org.au

A fabulous learning experience

Benefits in personal and professional life have been profound



Graduate Diploma of Child and Adolescent Grief Counselling 2004

This Graduate Diploma of Child and Adolescent Grief Counselling, which has been developed in recognition of the unique experiences and needs of grieving children and adolescents, will be offered again in 2004. Whilst practitioners may draw upon their knowledge and skills of loss and grief issues in working with adults, interventions need to reflect the particular requirements of children and adolescents. The course will explore a wide range of grief experiences and focus on the broader social and environmental aspects, such as working with a parent, caregiver or teacher when using therapeutic interventions.

Designed For

Psychologists, social workers, health and education professionals who work or intend to work predominantly with children and/or adolescents.

Aims

- To provide participants with a cognitive basis for grief and bereavement counselling skills
- To examine current theoretical and practical issues in child and adolescent grief counselling
- To develop frameworks for understanding experiences of child and adolescent grief counselling
- To develop clinical skills relevant to child and adolescent grief counselling
- To provide the opportunity for personal and professional development and on going facilitated self reflection

Learning Outcome

- Upon completion of this course participants will have:
- knowledge and skills necessary to provide loss and grief counselling to children and adolescents

For further information contact Carmel Barker, Courses Coordinator on (03) 9545 6377 or email c.barker@grief.org.au

graduate certificate

Date

January – December 2003

Venue

Bereavement Counselling Service

'La Verna'

39 Sackville Street

Kew

Cost

\$750

Graduate Certificate In Bereavement Counselling Practice

The Graduate Certificate in Bereavement Counselling Practice offers students a unique and dynamic learning opportunity. Under professional supervision, counsellors participate in 80 hours of direct clinical practice with bereaved clients at the Bereavement Counselling Service. Student counsellors develop skills in areas such as assessment formation, conceptual and analytical skills, goal setting, strategy formulation, and theory and practice linkages.

Upon completion of both the Graduate Certificate of Bereavement Counselling Methods and the Graduate Certificate of Bereavement Counselling Practice, students can apply to convert their graduate certificates to the Graduate Diploma of Bereavement Counselling.

Selection Criteria

- Successful completion of the Centre for Grief Education's Graduate Certificate in Bereavement Counselling Methods, the Short Course in Bereavement Counselling, or equivalent;
- Relevant tertiary qualification in health sciences;
- Minimum of two years general counselling experience;
- Complete a satisfactory interview with a selection panel.

Commitment

Students applying for the Graduate Certificate in Bereavement Counselling Practice must be able to commit to a minimum of one 4 hour session each week at the Bereavement Counselling Service and to monthly group supervision/professional development evenings.

Supervision

Students in the Graduate Certificate in Bereavement Practice receive 12 hours of supervision usually on a fortnightly basis. Clinical supervision is provided by National Association of Loss and Grief (Vic) accredited supervisors.

Accreditation

The Graduate Certificate in Bereavement Counselling Practice provides the minimum number of grief/bereavement counselling hours required for accreditation with the National Association of Loss and Grief (Vic) - Counsellor stream. The supervision hours accrued in the certificate can also be counted towards the supervision requirements for grief counselling accreditation with NALAG (Vic).

Application and Enquires

Prospective students should request an application form for the Graduate Certificate in Bereavement Counselling Practice from the Manager of the Bereavement Counselling Service, telephone (03) 9817 7266.

counselling placement

Date

January – December 2003

Venue

Bereavement Counselling Service

'La Verna'

39 Sackville Street

Kew

Cost

\$450

Counselling Placement (40 hours)

The Bereavement Counselling Service also offers 40-hour bereavement counselling placements.

Selection Criteria

- Successful completion of the Centre for Grief Education's Graduate Certificate in Bereavement Counselling Methods, the Short Course in Bereavement Counselling, or equivalent
- Relevant tertiary qualification in health sciences
- Minimum of two years general counselling experience
- Complete a satisfactory interview with a selection panel.

Commitment

Students applying for the Bereavement Counselling Placement must be able to commit to a minimum of one 4 hour session each week at the Bereavement Counselling Service and to monthly group supervision/professional development evenings.

Supervision

Students receive 7 individual supervision sessions, usually on a fortnightly basis. Clinical supervision is provided by National Association of Loss and Grief (Vic) accredited supervisors.

Accreditation

Counselling and supervision hours count towards accreditation with NALAG (Vic) and may comprise some of the counselling hours required for post-graduate clinical studies.

Application and Enquires

Prospective students should request an application form for the Bereavement Counselling Placement from the Manager of the Bereavement Counselling Service, telephone (03) 9817 7266.

Presenter profiles

Anne Giljohann BA DipSocStud MSW

Anne Giljohann is the former Educator at the Centre for Grief Education. She has extensive experience as a social worker in health, family and bereavement settings. For the past ten years she has worked as a counsellor/educator and manager at SIDSvictoria. She has a particular interest in understanding what assists people who are bereaved, including self help programs, creative activities, maximizing effective support form natural social networks, and the place of specialised bereavement counselling. Her thesis for her Master of Social Work related to understanding what helps families following the sudden and unexpected death of a young child. Anne is a NALAG (Vic) accredited bereavement counsellor, counselling supervisor and educator.

Michelle Grimshaw BSW DipEd

Michelle Grimshaw is the former clinical coordinator for the Centre for Grief Education with extensive experience in grief and bereavement support and education. Michelle has extensive experience in group facilitation with both bereaved and non-bereaved populations. She is currently in private practice, tutors in grief studies at RMIT and is engaged in pastoral counselling studies at the Australian Catholic University.

Christopher Hall BEd GradDipAdol&ChildPsych MA MAPS MACE FAIM

Christopher Hall, the Director of the Centre for Grief Education, is a psychologist who has developed a specialisation in the field of grief and bereavement over the past 20 years. Chris has trained many health and education professionals in grief theory and interventions both in Australia and overseas. He has a strong interest in child and adolescent grief, traumatic death, complex bereavement experiences and the organisational impact of grief and loss. Christopher is an Honorary Fellow of the Department of Psychiatry, University of Melbourne. In 1999 Chris was invited to become a member of the International Work Group on Death, Dying and Bereavement.

Adele Hulse

Adele Hulse has been a practising Buddhist in the Tibetan tradition since 1974. She has almost completed writing the biography of Lama Thubten Yeshe, one of the first Tibetan Lamas to teach Westerners. Using a pseudonym, Adele has also written a weekly column in *The Age* for twenty years, in which she has frequently addressed issues related to grief and death. Her profound commitment to this work arose as a result of the particular focus Buddhism places on death and consecutive loss of several family members and close friends in a short space of time.

Suzette Misrachi BSW GradDipLoss&GriefCouns, GradDipMedia, DipT

Suzette Misrachi is a loss and grief counsellor, educator and social worker. She works part-time counselling couples and individuals, is in private practice and has wide experience as a group facilitator in community settings within Australia. She has lived and worked in five other countries. Suzette has a particular interest in birthdays and has designed and presented workshops on this topic for the general public.

Miriam S. Moss

Miriam Moss has been involved in behavioural research in gerontology since 1970. She has been co-principal investigator of a number of major research studies funded by the National Institute on Aging on such topics as: the last year of life of older persons, the caregiving career of women who are providing care for elderly parents, the meaning and impact of the death of an elderly parent, end-of-life in long term care facilities from the perspective of staff, residents and family, and quality of life, health & valuation of life by elders. In addition she has been involved in a study of terminal care for nursing home residents with dementia, funded by the Alzheimer's Foundation. She is a Fellow of the Gerontological Society of America (GSA), and was the recipient with Sidney Moss of the Richard Kalish Award (1991) of the Behavioural and Social Science section of GSA for the article *Death of the Very Old*. She is on the editorial board of *Mortality* and *Journal of Aging Studies*. Miriam Moss has published widely on the connections between the fields of thanatology and gerontology.

Sidney Z. Moss

Sidney Moss is a clinical social worker, grief counsellor and family therapist with a major interest in separation and loss in the family. He is a long-time member of the National Association of Social Workers, the Association of Death, Education and Counselling and of the Gerontological Society of America (GSA). He was formerly on the faculty of Hahneman University, Master of Family Therapy Program and of Arcadia University where he taught a course on Death and Dying. He was the recipient with Miriam Moss of the Richard Kalish Award (1991) of the Behavioural and Social Science section of GSA for the article *Death of the Very Old*. Since 1989, he has been involved in a series of major research studies on the meaning and impact of the death of an elderly parent and on the meaning of end-of-life in long term care facilities from the perspective of staff, residents and family. He has published widely on death and loss in the family.

Ian Ness BLaws

Ian Ness graduated from Melbourne University in 1960 with a Bachelor of Laws, and admitted to practice in 1961. Practicing as a partner at Keith Ness & Son until 1975, he then moved to Turner, Ness & Davis, also in a partnership role, until 1986 when he joined Wisewoulds. Ian has expertise in probate, estate administration, wills and power of attorney as well as many other areas of legal practice.

Marcel Saxone Reg Psych, Psychodramatist, BPharmPhC, MAPS

Marcel Saxone, psychologist and psychodramatist, has been using psychodrama for many years with a diverse range of individuals and groups some traumatised, others abused. As a child of Holocaust survivors Marcel is personally no stranger to the grief process, and the tendency to heal the self through helping others. Marcel lives in semi rural Warrandyte with a two year old son, a goat, two lambs, a dog, and six chooks. Marcel's shining light is to make an adequate difference in peoples' lives.

Dr Jon Stebbins TPTC BSc BEd GradDipEdCouns MA (Couns) DEd MAPS

Dr Jon Stebbins has over 30 years experience working with people as a counselling psychologist and teacher/lecturer. The death of his son, Matthew, by suicide, however, instigated a more personal quest to research and understand the issues and impact of serious loss and bereavement on individuals and families. This culminated in his doctorate, which examined how the bereaved give meaning to their experiences in the context of a suicide death. Jon has now shared his bereavement-related research and his personal experience of loss, in a wide range of forums throughout Australia and overseas. This has included developing and teaching grief and trauma units at Melbourne and Victoria Universities, speaking to a wide range of community groups, conference presentations, trauma debriefing, one-on-one counselling and leading support groups for the bereaved (with wife, Sue, he co-leads The Compassionate Friends support group for families bereaved by suicide), and developing and running bereavement-related training programs and workshops for helping professionals, para-professionals and community volunteers (including psychologists, social workers, funeral workers, church welfare personnel, etc). A special interest has been researching and developing effective training programs for phone counsellors and leaders of self-help support groups.

Rena Urbach BSW ArtTherapy ATR

Rena Urbach is a specialist in individual and group art therapy programs for emotional health and well being. She is a social worker with over twenty five years experience and as an art therapist who aims to use creative expression to facilitate self-awareness, change and conflict resolution. Rena has extensive counselling experience with individuals, families and university students, group programs, supervision and training. Rena has presented art therapy workshops to business and not for profit organisations, as well as postgraduate university students and a large Melbourne hospital. Rena is currently in private practice with individuals and families and also conducts Art Therapy courses for counsellors.

registration and membership form / tax invoice



PLEASE PRINT CLEARLY - Complete a separate form for each person

Last name _____ First name _____

Postal Address Work Home _____

Suburb _____ Postcode _____

Organisation _____

Phone _____ Work _____ Home _____

Fax _____ Mobile _____ Email _____

Occupation/position _____

CGE membership number _____ Quote your CGE membership number to receive the member rate.

Tick here if you would like to receive future issues of the education brochure by email (please provide email address)

Please detail any special dietary requirements or disability support required _____

SEMINAR/WORKSHOP DETAILS

I wish to enrol for the following:

Seminar/Workshop Title	Location	Date	Cost \$
.....
.....
.....
.....
TOTAL COST \$		

PAYMENT DETAILS

Total payable \$

CGE seminars and workshops are GST exempt unless otherwise stated. This registration form is a Tax Invoice upon payment.

I enclose a cheque payable to Centre for Grief Education: I wish to pay by credit card Bankcard MasterCard Visa

Card No _____ Expiry Date ____/____

Cardholder name: _____ Signature _____

Enrolment and payment is to be received no later than one week prior to seminars and workshops. Your receipt is confirmation of registration and a ticket will be issued for entrance to the seminar or workshop. An administration fee of 50% of the registration fee will apply to cancellations made up to 14 days prior to seminar or workshop commencement. No refund will be made for cancellations later than 14 days prior to course commencement, however a substitute participant can be sent in your place. Please advise the Centre of this change. Payment and refund conditions may differ with certificate courses, short courses and intensives.

I WISH TO JOIN THE CENTRE AS A MEMBER

Membership period is based on a calendar year – 1 January to 31 December (pro-rata membership available). Rate includes GST.

Please tick applicable box

Individual member @ \$66.00

Student member Institution Student No @ \$55.00

Concessional member Card Number @ \$55.00

Organisational member Name of Organisation @ \$126.50

I wish to make a tax deductible donation \$

TOTAL COST \$

The information we collect on this form is to enable us to provide goods and services on the basis of correct and up to date information. Your personal information will be maintained securely. If you would like further information on the Centre for Grief Education Privacy Policy please contact the Centre on 03 9545 6377 or refer to our website at www.grief.org.au

Tick here if you DO NOT wish to be sent future copies of the CGE Education Program

Tick here if you DO NOT wish to be sent further information on Centre for Grief Education goods and services

Post registration form and payment to:

Centre for Grief Education
McCulloch House, Monash Medical Centre
246 Clayton Road CLAYTON VIC 3168
OR fax to (03) 9545 6399 (credit card payment only)

Need more information?

Contact the Centre for Grief Education
Telephone: (03) 9545 6377 Email: info@grief.org.au
Freecall: 1800 642 066 Web: www.grief.org.au
ABN 22 038 903 478 Reg. No. A0032503K



Centre for Grief Education Inc McCulloch House Monash Medical Centre
246 Clayton Road, Clayton Victoria 3168
Telephone 03 9545 6377 **Freecall** 1800 642 066 **Facsimile** 03 9545 6399
Email info@grief.org.au **Web Address** <http://www.grief.org.au>

Greensborough Melbourne Mulgrave Clayton Coburg Rowville Southbank Shepparton
Bairnsdale Traralgon Warrnambool Bendigo Mildura Ballarat Dubbo Newcastle M
Mount Gambier Kew Greensborough Melbourne Mulgrave Clayton Coburg Rowvil
Southbank Shepparton Bairnsdale Traralgon Warrnambool Bendigo Mildura Balla
Newcastle Mount Gambier Kew Greensborough Melbourne Mulgrave Clayton Cob