

## Bereavement Counselling and Support Service

The Service was established by the Australian Centre for Grief and Bereavement in 1997 to provide counselling and support programs for bereaved people. It provides individual grief counselling, couple sessions and support groups. The service can make referrals to private grief counsellors or other agencies.

## The Australian Centre for Grief and Bereavement

The Australian Centre for Grief and Bereavement is an independent, not-for-profit organisation funded by the Department of Human Services Victoria. It was established in 1996 to extend the options available to bereaved people, including those who have supported someone who required palliative care, through the education and training of health care staff and others in contact with the bereaved.

For information on training or other services, contact the Australian Centre for Grief and Bereavement, telephone (03) 9265 2100 or Freecall 1800 642 066.

The Centre also has a home page on the internet: [www.grief.org.au](http://www.grief.org.au)

### Further Information

#### Bereavement Counselling and Support Services

Ground Floor, McCulloch House, Monash Medical Centre, 246 Clayton Road, Clayton VIC 3168

**Telephone 03 9265 2111(Monday - Friday)**

**Facsimile 03 9265 2150 Email [support@grief.org.au](mailto:support@grief.org.au)**

**Web Address [www.grief.org.au](http://www.grief.org.au)**



### 24 Hour Telephone Support

<b>Suicide Helpline</b>	1300 651 251
<b>Lifeline</b>	13 11 14
<b>Mensline</b>	1300 789978
<b>Griefline (noon - 3am)</b>	9596 7799
<b>Kids Help Line</b>	1800 551 800

## Younger Bereaved Partners



**Held On The First Monday Evening of Each Month**



## Younger Bereaved Partners

### What is Younger Bereaved Partners?

Younger Bereaved Partners is a monthly support group, facilitated by trained volunteers who themselves are younger bereaved.

### How can I become involved in the Younger Bereaved Partners Group?

It is necessary to contact the Bereavement Counselling and Support Service at the Australian Centre for Grief and Bereavement to talk to a member of staff about the group before you attend for the first time. The service can be contacted on:

**03 9265 2111**  
(Monday - Friday)

## What are the aims of Younger Bereaved Partners?

*To provide a safe space for younger bereaved people to share their experience and discover personal strengths to continue their bereavement experience.*



*A program of the Australian Centre for Grief and Bereavement*

## Younger Bereaved Partners

### Who is eligible?

The program is designed for people who are in their 20's, 30's or 40's whose partner has died.

### When does the group run?

The group meets on the first Monday of each month (except January). Because of the Melbourne Cup day holiday in November the group meets on the 2nd Monday of that month.

The group meets from 7:00 p.m. to 8:30 p.m.  
Supper is served from 8:30 p.m. to 8:45 p.m.

### What is the cost for the group?

We ask for a gold coin donation to cover the cost of supper.

### Where does the group meet?

The group meets at Box Hill.