

The Australian Centre For Grief and Bereavement

The Australian Centre For Grief and Bereavement (ACGB) is an independent, not-for-profit organisation which was established in 1996 to provide a range of education, training, research and professional service options for those working in the area of grief and bereavement. Opportunities are available for those working with grieving people and for members of the community to attend seminars, workshops and courses, to undertake clinical work placements and receive supervision. Customised training, consultation and advice are also available to organisations on issues of grief and bereavement.

The ACGB is funded by the Department of Human Services to provide a statewide specialist bereavement service for individuals, children and families who need assistance following the death of someone close to them. A range of specialist services and programs are provided across Victoria. Volunteers are integral to the delivery of the wide range of services provided by the ACGB.

For information on training or other services, contact the Australian Centre For Grief and Bereavement on (03) 9265 2100 or Freecall 1800 642 066.

"I know for certain that we never lose the people we love, even to death. They continue to participate in every act, thought and decision we make. Their love leaves an indelible imprint in our memories. We find comfort in knowing that our lives have been enriched by having shared their love."

Leo Buscaglia

The world is full of suffering, it is also full of the overcoming of it."

Helen Keller

Further Information

Bereavement Counselling and Support Service

Address: Ground Floor, McCulloch House,
Monash Medical Centre,
246 Clayton Road,
Clayton Vic 3168

Phone **03 9265 2111 (Monday - Friday)**

Facsimile 03 9265 2150

Email counselling@grief.org.au
support@grief.org.au (for support groups)
outreach@grief.org.au (for Community Outreach Service)

Web Address www.grief.org.au

Practitioner Consultancy Service

Toll Free (Victoria) 1300 858 113

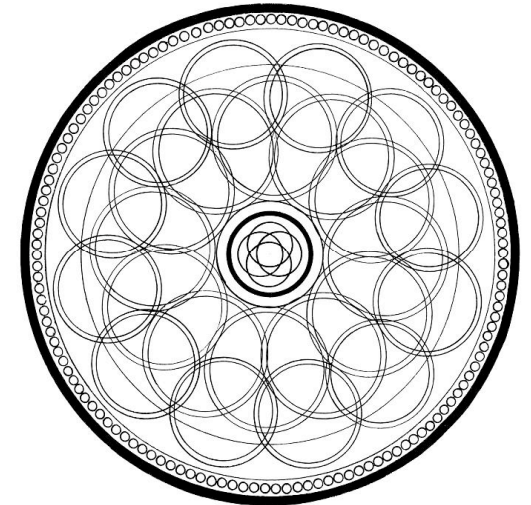
Bereavement Information and Referral Service

Toll Free (Victoria) 1300 664 786

24 Hour Telephone Support

Griefline (noon to 3am)	03 9596 7799
Lifeline	13 11 14
Suicide Helpline	1300 651 251
Mensline	1300 789978
Kids Help Line	1800 551 800

Bereavement Counselling and Support Service




australian centre
for **grief** and
bereavement

The Bereavement Counselling and Support Service provides a statewide specialist bereavement service for individuals, children and families who need assistance following the death of someone close to them. Funded by the Department of Human Services, a range of specialist services and programs are provided including:

Services Provided

- **Bereavement counselling (office based)** at several different Melbourne locations for adults, children and families who wish to see a counsellor
- **Regional specialist bereavement counsellors** are located in five rural regions – Geelong, Ballarat, Moe, Shepparton and Bendigo
- **Outreach bereavement counselling** in metropolitan Melbourne by qualified bereavement counsellors and bereavement support companions. They visit people in their homes who are unable to attend office-based services
- **Bereavement support groups and programs** – a range of participants, subjects and locations including:
 - Younger bereaved partners (under 50 years)
 - New beginnings (bereaved partners 50+)
 - Kids grieve too (4-14 years)
 - Motherless mothers
 - Step by step bereavement walking group
 - Bereavement and meditation
 - Companion animal loss support group
 - Bereavement and creativity
 - Men's group

- **Information Evenings about grief** for bereaved people and their family and friends.
- **Written resource materials** on a range of bereavement topics for the general public and for professionals.
- **Bereavement Practice Notes** - an e-newsletter for health professionals
- **'The Rosemary Branch'** a quarterly newsletter for bereaved people.
- **Annual Ceremony of Remembrance: 'A Time to Remember'**.
- **'Journeys with Grief' book** - creative and narrative expressions.
- **Massage therapy** sessions provide relaxation and stress management techniques.
- **Poetry readings** and opportunities to contribute to volumes of poetry and prose.
- **Choir** - for clients, staff and community members to find ways to relax and improve self esteem. No auditions required.
- **Toll free telephone services:**
 - **Bereavement Information and Referral Service** for the general public (toll free 1300 664 786).
 - **Practitioner Consultancy Service** providing advice and consultation for health professionals (toll free 1300 858 113).



Ways To Participate

- **Bereavement counsellors - internships**
Supervised 80 hour and 40 hour bereavement counselling placements are available for suitably qualified and experienced health professionals
- **Bereavement counsellors - Practitioner Associates**
Opportunities are available for qualified bereavement counsellors to gain experience, by working in a voluntary capacity, in the range of programs and services offered to the community. Regular supervision and professional development is provided free of charge
- **Bereavement support group facilitators**
Initial training and ongoing professional development and support are available for professionals and non-professionals to work voluntarily in bereavement support groups
- **Bereavement support companions**
Training and ongoing professional development and support is available for non-professionals to work with housebound and isolated bereaved people.
- **Bereaved people**
Opportunities are available for bereaved people to become involved in programs and services.



**Telephone the ACGB
Bereavement Counselling and
Support Service on
(03) 9265 2111 for further details**